



# SOPHIE'S GRILL & BAR

## AMERICAN CORNER

ALL BURGERS ARE MADE IN HOUSE AND COMES WITH LETTUCE, TOMATO, ONION AND SERVED WITH A SIDE OF FRENCH FRIES. ALSO AVAILABLE WITH CHICKEN. SIGNATURE SIDES: TATER TOTS OR SIDE SALAD \$2

### STARTERS & SALADS

#### Chicken Tenders 9.95

4 Chicken Tenders with a side of French fries and honey mustard sauce for dipping

#### Caprese Salad 11.75

Ripe heirloom tomatoes layered with mozzarella atop a bed of mixed greens. Garnished with basil and balsamic glaze

#### Sofia Grande 12.50

Crisp lettuce, tomatoes, avocado, red onions, croutons, Cheddar cheese, crumbles of bacon and House dressing

#### Sophie's Salad 11.75

Mixed field greens, apples, walnuts, cranberries, shredded carrots, blue cheese and house dressing

#### Sophie's Salad, Edition II 12.50

Grilled chicken, lettuce, hard boiled egg, tomato, grated Parmesan cheese, roasted sesame seeds and fresh Basil dressing

#### Strawberry Sensation Salad 11.75

Local mixed greens, strawberries, walnuts, feta cheese, fresh basil, thyme, recommended with raspberry dressing

#### Greek Salad with Shrimp 12.50

Feta cheese, lettuce, pepper, olive, cucumber, onions, tomato, oregano and rosemary / with Chicken 11.50

### HOMEMADE BURGERS

#### My Big Fat Lamb Burger 13.95

Fresh ground lamb seasoned to perfection and topped with melted feta cheese

#### Ultimate Lamb Burger 13.95

Fresh ground lamb seasoned to perfection and topped with Cheddar cheese and Jalapenos

#### Mushroom Swiss Burger 13.95

Beef burger with sauteed mushrooms and melted Swiss cheese

#### Neli's Burger 13.95

Beef burger, with Swiss cheese, bacon, fried egg, lettuce, tomato & onion

#### Michael Jordan Burger 13.25

Beef burger with Provolone cheese and crisp Applewood bacon

#### Avocado Burger 13.95

Beef burger with Provolone cheese, crisp applewood bacon and fresh avocado

#### Olympic Burger 13.95

Beef burger with Cheddar cheese, Applewood bacon, crisp onion rings and BBQ sauce

#### Chicken Burger 12.75

Grilled aromatic chicken breast, mozzarella, homemade Marinara with a side of lettuce

### SANDWICHES

Our sandwiches will pair perfectly with a cold Bulgarian Lager "Kamenitza"

#### Desy's Philly Steak 13.95

USDA certified Angus beef thinly sliced with sautéed mushrooms, onions and peppers, served on a giant Amoroso roll with Provolone cheese. Add jalapenos for a spicy Philly



#### Sophie's Bruschetta 11.75

Finely chopped tomatoes, with fresh basil, garlic and Extra Virgin Olive Oil, topped with mozzarella

#### Caprese Sandwich 12.50

Ripe heirloom tomatoes, layered with whole milk Mozzarella atop a bed of mixed greens. Garnished with basil and balsamic glaze. Served on an Amoroso rolls

#### Three Cheese open style sandwich 12.50

Topped with melted Bulgarian cheese with a side of fresh tomato slices  

#### Grilled Fresh Salmon Sandwich 14.95

Grilled to perfection, served with lettuce, onion, tomato & French fries

### WINGS CORNER

#### Chicken Wings

Beer marinated wings fried or grilled to order. Sauces: Mild, Hot, Honey BBQ, Lemon Pepper, BBQ, Teriyaki, Thai Sweet & Sour (6) 9.95, (10) 13.95, (20) 24.95, (30) 27.95, (50) 53.95

OUR BURGERS CAN BE COOKED TO YOUR DESIRED TEMPERATURE. CONSUMING RAW OR UNDERCOOKED MEAT MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS.

WWW.SOPHIESGRILLANDBAR.COM





# SOPHIE'S GRILL & BAR

BRINGING OLD WORLD FAVORITES TO THE HEART OF CAROLINA

ALLERGY STATEMENT: MENU ITEMS MAY CONTAIN OR COME IN CONTACT WITH WHEAT, EGGS, PEANUTS, TREE NUTS AND MILK. FOR INFORMATION, PLEASE ASK YOUR SERVER

## STARTERS & SALADS

### Prosciutto and Quince 12.75

Warm prosciutto, limoncello infused quince, parmesan, arugula, walnuts and balsamic glaze

### Mediterranean Platter 15.50

Tzatziki, bell pepper spread, Humus, grape leave rolls stuffed with rice, tomato with Feta cheese and warm pita bread

### Mozzarella in Carozza 13.75

Delicate, baked to perfection, mini Calabrian bruschetta's with mozzarella, prosciutto and balsamic glaze

### Brie Mildness 13.50

Panko crusted creamy Brie bites with raspberry and fig Confit

### Armenian Figs 12.50

Sweet Armenian baked figs, stuffed with feta cheese and wrapped in Applewood bacon, slightly baked with Asiago cheese and balsamic glaze

### Sophie's Orzo Stuffed Peppers 13.50

Tomato, grated zucchini, fresh mint, Parmesan, Orzo rice in bell peppers

## ENTREES

### Dalmatian Chicken Pasta 16.50

Chicken breast, sundried tomatoes, garlic, baby spinach, fresh basil, fresh lemon juice and Parmesan cheese (gluten free available)

### Salmon Nikoloff 19.75

Grilled fresh Alaskan salmon on a bed of sautéed fresh spinach and angel hair pasta, topped with a rich mushroom cream sauce. Served with crisp asparagus spears

### Hungarian Goulash 17.75

Slow cooked daily. beef chunks, carrots, onions, potatoes, Hungarian paprika, bell peppers, tomatoes served with fresh bread

### Stuffed Cabbage Rolls 17.75

A combination of ground beef, pork and rice, rolled in steamed cabbage leaves, baked and served with picante Hungarian sauce


### Sophie's Lasagna 18.75

Ground beef, pork, mozzarella, parmesan, zucchini, spinach and homemade Marinara

### Vegetarian Lasagna 13.75

With Zucchini, spinach and homemade Marinara sauce

## CHEERS TO OUR NEW LAND, NEW DESIRES AND VAST OPPORTUNITIES

Sophie's proudly presents our own Family wine from the country of Georgia. 

Nikoloff is imported exclusively for Sophie's and Desy's restaurants.

The grapes were harvested in the small Khashmi Village at the end of September 2020 and made in Qvevri, large clay vessels buried in the ground for 7 months.

### Our Dry red 10/38

The wine is made of Saperavi grapes. It has dark pomegranate color, with Blackcurrant and blackberry flavor. Distinguished by the harmonious taste. Recommended with our Hungarian Goulash, Stuffed Cabbage Rolls or Lamb Burger.

### Our Dry white 10/38

The wine is made of Rkatsiteli grapes. Pale yellow color with aromas of passion fruit and mango. Nuts and mineral accent in the back. Pleasant and crisp finish. Recommended with our Salmon Nikoloff, Sophie's Lasagna and Mozzarella in Carozza.

### Our Semi-sweet red 10/38

Made of Saperavi grapes. Beautiful ruby color. Ripe berries on the nose. Complex notes of vanilla, sweet tobacco with a long lasting finish. Recommended with Our Armenian Figs, Brie Mildness, Prosciutto & Quince and Chocolate cake.

### Our Semi-sweet white 10/38

The wine is made of Rkatsiteli grapes. Very pleasant light semi-sweet wine with clean - ripe yellow fruits; with white peach and honey notes. Well balanced and pleasant finish. Recommended with our Sophie's Chicken Casserole and Dessert.

## SOPHIE'S SIGNATURE COCKTAILS

### Mango Margarita 10

Mango puree, fresh lime juice, Tequila

### Classic Mojito 10

White Rum, brown sugar, fresh lime, fresh mint

### Royal Violette 10

Champagne, Crème de Violette, rose petals

### Vesper - James Bond Martini 11

Vodka, Gin, Lillet

SOPHIE'S SPRING WATER \$2

from the owner:

*Desi Glava*

THANK YOU FOR SUPPORTING THIS LOCAL BUSINESS

FOR PARTY OF SIX OR MORE, A 20% GRATUITY WILL BE ADDED TO FINAL BILL

WWW.SOPHIESGRILLANDBAR.COM